

getting ready for kindergarten

Before the school year begins, take your child to the school and playground so it becomes familiar. Attend the school's kindergarten information session or ask the school if there is another time you could visit the school with your child.



Encourage your child to be independent. Allow children to dress themselves, use the bathroom on their own, put away toys and help out in small ways at home.

Take time to talk with your child about everyday activities. Share special activities together such as walks to the park and talk about what you are seeing and doing. Let your child make choices and solve problems.

Read to your child every day. Read different types of books such as picture books, information books, nursery rhymes and poetry. Encourage your child to talk about the stories as you read together. Reading stories together will help your child to develop strong oral language skills, which will lead to success in school. Talk, read, sing and play in English or your first language every day. Your community library is a great resource for young children.



If your child is interested in letters and numbers and you would like to help your child learn more, work with your child in a playful way to make new discoveries in this area.

It is helpful if your child is able to print his or her first name. For safety, your child should also know how to say their first and last name, telephone number and/or address. Using scissors, pencils, crayons and playdough helps prepare your child for drawing and writing.

Develop a good bedtime and morning routine. Five-year-old children need approximately 10 to 12 hours of sleep each night.

Young children need practice and patient encouragement in their learning. Working together and having fun is just as important as completing the task. Talking about school and helping your child feel excited about their new adventure will make a positive difference.



Every child will be welcomed into the classroom as a unique individual with his or her own strengths. Please feel free to speak with the principal or other school staff if you have any questions or concerns.

learning | **as unique** | as every student



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