Get Ready • Get Set • Go For It
Learn more about high school and plan for your success

Your Introduction to High School

Calgary Board of Education
Welcome | High school with the Calgary Board of Education (CBE)

High school is about you – your interests, goals, and learning. At the CBE, we are committed to your success. Teachers, counsellors, administrators, and all the staff at your school are here to support you in making choices that allow you to discover your interests, achieve your goals, and develop the skills you need to be successful in high school and in life.

Making choices about your high school career

There are many choices in high school and no one path suits everyone. High school has programs and pathways that lead toward university entrance, college, technical schools, or directly to work. Planning is about finding the routes that support your learning, goals, and interests. We are here to support you in making your choices confidently.

Support for your choices

Your home school is your community of support, where you take most of your courses, build supportive relationships with staff and students, and engage in extracurricular activities. Every school may not offer all the program choices listed in this information guide.

If there is a program you want to pursue, the principal at your home school will help you find the best way to access it – by attending another school for part of the day or through a transfer process. Either way, your relationships with all of the adults and students in your high school will support you in personalizing your learning experiences and pursuing success.

Getting involved – opportunities for students and parents

As a student, you can join a club, participate in athletics, or sign up to volunteer. Through these activities, you gain valuable experiences, meet new friends, develop interests, discover a new passion, or create lasting memories.

As a parent, you can make a difference for students by joining your school council. A school council may include parents, secondary students, the principal, teachers, and community representatives. By participating in school council meetings, you stay informed, connect with your school and community, and advise the principal. We welcome you to work with us to inspire students to achieve their full potential. Talk with your principal to find out more about your school council.
Get Ready | Finding your way

This overview is organized into three main sections:

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<td>Choose from a selection of required or set courses to ensure success in school and in your future.</td>
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<td>Explore your interests and discover new passions with complementary courses, Off-campus Education, Unique Pathway Opportunities, and programs of choice. Learn about online learning, evening classes, and summer school opportunities. Information about scholarships and international opportunities are also included.</td>
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Get Ready | Reflect

1 | Consider what you already know about:
   - your learning strengths and needs
   - your interests and employment or career aspirations

2 | Talk with the people who want the best for you: parents, teachers, counsellors, administrators, or any of the staff at your school.

3 | Enjoy exploring the many choices available to you as a CBE high school student. As you learn more about yourself and discover new possibilities in high school, we will support you as you revisit, review, and revise your plans.
Get Ready | Learning about High School

Completing High School

There are several ways the province of Alberta recognizes high school completion:

- a High School Diploma
- a Certificate of High School Achievement
- transitioning to a post-secondary institution or apprenticeship in Alberta

Most students complete high school in three years; others do so in four or more years. In CBE schools, counsellors, teachers, and school administrators support you in developing a unique learning plan that is based on your learning style, interests, goals, and career aspirations.

Alberta also recognizes the achievement of high school students with significant exceptional cognitive needs and disabilities with a Certificate of School Completion in special education.

Learn more | visit https://www.alberta.ca/graduation-requirements-credentials-and-credits.aspx?utm_source=redirector

Course Numbers and Sequences

Courses are arranged in sequences and are assigned course numbers that indicate both the grade level and the type of challenges in the course.

- 1st year or Grade 10 courses start with the number 1 (for example, 10, 15, 1000)
- 2nd year or Grade 11 courses start with the number 2 (for example, 20, 25, 2000)
- 3rd year or Grade 12 courses start with the number 3 (for example, 30, 35, 3000)

Depending on your goals, sometimes the courses you take do not correspond to your grade level.

- If you are a Grade 10 student, you might register in a 20-level course in the second semester if you have successfully completed the 10-level course in the first semester
- If you are a Grade 11 student, you might register in a 10-level course to explore another area of interest

If there is more than one course sequence in a subject, the last digit of the course number indicates the sequence. In high school, you have many choices of academic courses, such as English 10-1, English 10-2, or English 10-4.

- Course sequences ending in -1 emphasize abstract and conceptual challenges
- Course sequences ending in -2, -3, and -4 do include abstract challenges, but they emphasize increasingly concrete and practical challenges

You do not need to select all your courses from the same sequence. Depending on your strengths, needs, and plans for the future, you may choose courses from different sequences for various subjects.

- For example, you could choose English 10-1 and Social Studies 10-2
Get Ready | Learning about High School

Credits
You earn credits in a course if you have a final course mark of 50% or higher. Credits show you have satisfactorily achieved the outcomes in a course, and can move on to the next course in a sequence.

- The minimum needed for an Alberta High School Diploma is 100 credits.
- The minimum needed for an Alberta Certificate of High School Achievement is 80 credits.
- Most students earn more than the minimum required to take advantage of the choices and new opportunities available in high school and to meet post-secondary education or career requirements
- Credits can only be earned once for any course.
  For example:
  - If you earned 45% in Science 10, you do NOT earn 5 credits; if you repeat Science 10 and earn 55%, you earn the higher mark and 5 credits.
  - If you earned 50% in Science 20, you earn 5 credits; if you repeat Science 20 and earn 70%, you keep the 5 credits and replace the lower mark with the higher mark. You do not earn additional credits.

Prerequisites and Co-requisites
When you earn a grade of 50% or more in a given course, you earn credits for the course and the prerequisite to move to the next course in a sequence (for example, English 10-1 to 20-1).

If you do not meet the required final grade of 50%, you may choose to repeat the course at your high school, online, or in summer school at CBe-learn or Chinook Learning Services.

If your grade is between 40-49%, you may continue on to the next grade level in a course sequence with a higher last digit number.

- For example, if you earned 45% in English 10-1, you can continue to English 20-2. When you successfully complete English 20-2, the retroactive credits from 10-2, the prerequisite course, will be added, OR
- You may develop another credit recovery plan: see your school principal or assistant principal to learn more

Note: If you have difficulty in a course, your first step is to talk with your teacher right away. Use feedback and attend tutorials to improve your work before retroactive credits or credit recovery is necessary.

Some courses have a co-requisite. This means you take a required course at the same time as the course with a co-requisite.

For example:
- Math 31 requires a prerequisite or co-requisite of Math 30-1
- Advanced Acting and Touring (AAT) 25 has a prerequisite of AAT 15 OR a co-requisite of Drama 20
**Get Ready | Learn about High School Requirements**

Most students go beyond the minimum requirements because they want to take advantage of the many choices available or because they plan to meet differing post-secondary entrance requirements. If you are undecided about the path you might take after high school, you are like many students and will discover your talents and interests while working toward your Diploma or Certificate of High School Achievement.

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**ALBERTA HIGH SCHOOL DIPLOMA**

**MINIMUM REQUIREMENTS**

Earn a minimum of 100 credits. Successfully complete the following courses:

- **English 30-1 or 30-2**; **AND**
- **Social 30-1 or 30-2**; **AND**
- **Math 20-1 or 20-2 or 20-3**; **AND**
- **Science 20 or Science 24 or Biology 20 or Chemistry 20 or Physics 20 or Science 14 and 10**; **AND**
- **Physical Education (PE) 10**; **AND**
- **Career and Life Management (CALM)**; **AND**

Earn 10 more credits, in any 30-level course

**ALBERTA CERTIFICATE OF HIGH SCHOOL ACHIEVEMENT**

**MINIMUM REQUIREMENTS**

Earn a minimum of 80 credits. Successfully complete the following courses:

- **English 20-2 or Knowledge & Employability (K&E) English 30-4**; **AND**
- **Math 10-3 or K&E Math 20-4**; **AND**
- **Science 14 or K&E Science 20-4**; **AND**
- **Social 10-2 or K&E Social 20-4**; **AND**
- **Physical Education 10**; **AND**
- **Career and Life Management (CALM)**; **AND**

Earn 5 credits in:

- **30-level K&E occupational course**, or
- **30-level Career and Technology Studies (CTS), [Advanced level–3000 series]** or
- **30-level Locally Developed and Authorized course with an occupational focus**

**AND**

Earn 5 credits in:

- **30-level K&E Workplace Practicum course**, or
- **30-level Work Experience course**, or
- **30-level Green Certificate Specialization course**

**OR instead of the 10 credits in the section immediately above**

Earn 5 credits in:

- **30-level Registered Apprenticeship Program (RAP) course**

**IMPORTANT:**

A Certificate of Achievement is NOT a high school diploma. K&E courses align with other courses to maximize opportunities for your success, to support your completion of high school, and to easily allow you to transfer to other courses. Such flexibility makes it possible to work toward achieving a High School Diploma. Another semester or year of high school may be part of your plan to do this.

- To qualify for a Certificate of High School Achievement, you successfully complete a minimum of 1 academic Knowledge & Employability (K&E) -4 course (English, Math, Science, or Social).
- A Certificate of High School Achievement can be earned in 2 - 4 years.
- Written consent is required to register in each K&E -4 course.

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**Note:**

Many students complete high school in three years. On the adjacent planning page, there is a possibility of a fourth year. Some reasons you might take a fourth year include:

- Taking English as a Second Language courses to develop academic language if English is not your first language
- Meeting Diploma requirements after earning a Certificate of High School Achievement
- Achieving a balance of academic goals, complementary course interests, and extra-curricular commitments.

Talk with your counsellor and principal if you are considering a fourth year.

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Starting in September 2020, non-Alberta courses completed outside of Alberta by Alberta students will not be evaluated for Alberta high school credits. Learn more in the Detailed High School Course Guide:


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**Source:** Alberta Education Guide to Education: ECS to Grade 12
Get Ready | My High School Planning

Use this form as you read through the course descriptions in the detailed course guide and select possible courses. Blank spaces are for adding complementary courses, and if English is not your first language, take English as Second Language (ESL) courses. List your initial choices. Make a plan; revisit your plan; change the plan if necessary.

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Year 1 Credit Total
Recommended 40 credits minimum in a 3 year plan

Year 2 Credit Total
Recommended 35-38 credits minimum in a 3 year plan

Year 3 Credit Total
Recommended 30-35 credits minimum in a 3 year plan

Year 4 Credit Total

ALBERTA HIGH SCHOOL DIPLOMA MINIMUM REQUIREMENTS

- English 30-1 or 30-2
- Social 30-1 or 30-2
- Math 20-1 or 20-2 or 20-3
- Science 20 or 24 or Biology 20 or Chemistry 20 or Physics 20 OR Science 14 and Science 10
- All of the above and 10 credits in any combination from: CTS, Fine Arts, Languages, PE 20 or PE 30, K&E courses, Registered Apprenticeship Program courses, or Locally Developed and Authorized Courses from any of these categories AND 100 credits or more
- 10 credits in any 30-level courses (in addition to English 30-1 or 30-2 and Social 30-1 or 30-2)

ALBERTA CERTIFICATE OF HIGH SCHOOL ACHIEVEMENT MINIMUM REQUIREMENTS

- English 20-2 or K&E English 30-4
- Social 10-2 or K&E Social 20-4
- Math 10-3 or K&E Math 20-4
- Science 14 or K&E Science 20-4
- All of the above AND 5 credits in 30-level courses including: K&E occupational OR CTS courses, or Locally Developed and Authorized Courses with an occupational focus AND 5 credits in 30-level courses: including K&E Workplace Practicum, OR Work Experience, Green Certificate Specialization OR Special Projects
- OR instead of the 10 credits in the section immediately above: Earn 5 credits from a 30-level Registered Apprenticeship Program (RAP) course

Remember | 30-level courses require you to successfully complete the prerequisites.
**Get Set | Choose Required Courses First**

In high school, you can choose from different courses in English language arts, mathematics, social studies, and science. It’s exciting to have choices; sometimes, making decisions may seem overwhelming. Remember: parents, counsellors, teachers, school administrators, and career practitioners will support you as you make decisions about high school.

Some high schools offer blended classes in Grade 10 and/or 11 to increase the flexibility for you to transfer from one course sequence to another. A **blended class** combines two or more course sequences in the same classroom. As you meet the outcomes for a particular course sequence, you achieve credits for that course.

For more information about course sequence transfers, see the detailed high school course guide: [cbe.ab.ca/programs/high-school/Documents/Detailed-High-School-Course-Guide.pdf](http://cbe.ab.ca/programs/high-school/Documents/Detailed-High-School-Course-Guide.pdf)

**English Language Arts (ELA)**

High school English Language Arts (ELA) is more than reading and writing. ELA involves:
- communicating effectively in various places for many different audiences and reasons
- selecting appropriate forms, structures, and technology for a variety of contexts
- understanding, appreciating, and creating a broad range of texts (including multi-media, visual, oral, and print)

The following ELA courses are 5 credits.

**Diploma Path | -1 and -2 Course Sequences**

- **ELA 10-1, 20-1, 30-1**
  - engage with Canadian and international print and multi-media texts
  - emphasize literary analysis to develop critical thinking skills
  - develop strong comprehensive and communication skills for university and many post-secondary programs*

- **ELA 10-2, 20-2, 30-2**
  - engage with a wide range of texts and some literary analysis
  - develop your communication skills through practical, creative, and persuasive writing and representing
  - prepare for some post-secondary education programs*

**Certificate of High School Achievement Path | -4 Course Sequence**

- **ELA 10-4, 20-4, 30-4**
  - build language skills and learn additional reading and writing strategies for success
  - emphasize practical applications that support your understanding, communication, and other occupational skills
  - prepare for the world of work or further training that may not involve post-secondary education

*entrance requirements for post-secondary institutions vary, so be sure to check
Get Set | Choose Required Courses First

Mathematics (Math)

Math is more than memorizing formulas and doing calculations. Math involves:
- highly practical and hands-on problems and skills
- rich problem-solving activities in collaboration with your peers
- some problems that will stretch your understanding to the abstract and theoretical
- using technology to develop, demonstrate, and communicate your mathematical understandings

The following Math courses are 5 credits.

Diploma Path | -1 and -2 Course Sequences

Math 10C
- involves topics such as measurement, powers, irrational numbers, functions and relations, and trigonometry
- focuses on algebraic skills and reasoning
- provides choices as you move to 20-level courses

Math 20-1, 30-1
- investigate the relationships between relations and functions, and engage in trigonometric topics
- develop abstract reasoning and visualization in a problem-solving environment
- prepare for a post-secondary program that requires calculus*

Math 20-2, 30-2
- engage in investigation into logical reasoning, relations and functions, and trigonometry
- develop problem-solving, reasoning, and communication in many ways, including a self-selected research project on a topic of interest
- prepare for a post-secondary program that does not require calculus*

Post-secondary Path Requiring Calculus

Math 31
- prerequisite or co-requisite: Math 30-1
- introduces skills and topics in calculus
- investigates a variety of topics; focuses on the limit of a function and looks at the relationship between differentiation and integration

Diploma Path | -3 at the 20 level or higher

Certificate of High School Achievement Path | -3 at the 10 level

Math 10-3, 20-3, 30-3
- focus on measurement skills, geometry, personal and business finances, and statistics and probability
- emphasize practical mathematics found in day-to-day activities
- prepare for entry into some apprenticeships programs, trades or the workforce after high school completion

Certificate of High School Achievement Path | -4 Course Sequence

Math 10-4, 20-4
- engage in measurement skills, number concepts and probability as they would be used in the workplace
- develop problem-solving and reasoning skills in a team environment
- prepare for the workforce or further training that may not involve post-secondary education

Important | Written consent is required to register in any -4 Knowledge and Employability (K&E) course.
Get Set | Choose Required Courses First

Science

In high school science courses, you focus on interconnected ideas and principles, such as change, diversity, and energy. You develop scientific knowledge through collecting, analyzing, and interpreting experimental evidence. In science courses, you make connections among science, technology, and society. You continue to develop your sense of wonder about the natural world.

The following Science courses are 5 credits.

Diploma Path | 10, 20, 30 Course Sequences

Science 10
- introduces biology, chemistry, physics, and global energy systems
- allows you to choose from Biology, Chemistry, Physics, and/or Science at the 20-level, depending on your interests, abilities, and goals

Science 20, 30
- extend the study of biological, chemical, physical and earth sciences in Science 20 and apply them to current world scenarios
- analyze interactions in biological, chemical, physical, and global energy systems in Science 30
- enhance scientific literacy and prepare you for post-secondary programs*

Note | Biology 20, Chemistry 20, Physics 20, or Science 20 can be used as a prerequisite to Science 30

Diploma Path | at the 24 level

Certificate of High School Achievement Path | at the 14 level

Science 14, 24
- apply scientific knowledge and skills to everyday experiences
- are general sciences that meet the credit requirement for a high school diploma

Certificate of High School Achievement Path | -4 Course Sequence

Science 10-4, 20-4
- apply scientific knowledge and skills to everyday life and the workforce

Important | Written consent is required to register in any -4 Knowledge and Employability (K&E) course.
Get Set | Choose Required Courses First

Social Studies (Social)

Social Studies courses explore relationships among individuals in various societies and between societies. You examine cultural, economic, ethical, legal, political, and religious issues that communities face. These courses focus on understanding: who am I, what kind of society do I want, and how do I and others shape our world?

Some schools offer separate Social 10 classes for English Language Learners to develop language proficiency and cultural knowledge while you learn the required course skills, strategies, and knowledge.

The following Social Studies courses are 5 credits.

Diploma Path | -1 and -2 Course Sequences

Social 10-1, 20-1, 30-1
- examine historical and contemporary aspects and relationships among citizenship, identity and:
  - globalization in 10-1
  - nationalism in 20-1
  - ideologies, such as liberalism, in 30-1
  - including relationships between ideologies and citizenship

Social 10-2, 20-2, 30-2
- explore historical and contemporary aspects and relationships among citizenship, identity and:
  - globalization in 10-2
  - nationalism in 20-2
  - ideologies, such as liberalism, in 30-2

Certificate of High School Achievement Path | -4 Course Sequence

Social 10-4, 20-4
- connect your learning to everyday experiences as you respond to key questions:
  - “Should we embrace globalization?” in 10-4
  - “Should we embrace nationalism?” in 20-4
- emphasize the importance of diversity and respect for differences to promote a sense of belonging and acceptance

Important | Written consent is required to register in any -4 Knowledge and Employability (K&E) course.

One requirement for a High School Diploma is successful completion of Social 30-1 or 30-2.

In Social 30-1 or 30-2, you write a provincial Diploma Exam worth 30% of your final grade.

Note | For French Immersion students, take Social 10-1 or 20-2 in French. Social Diploma Exams are available in French.

One requirement for a Certificate of High School Achievement includes Social 10-2 OR Knowledge and Employability (K&E) Social 20-4.

Be sure to take the prerequisite courses.

One requirement for a High School Diploma is successful completion of Social 30-1 or 30-2.
**Get Set | Choose Required Courses First**

**Wellness**

**Physical Education** supports you in acquiring skills through a variety of developmentally appropriate movement activities. You will gain experience within various physical activities assisting you in further understanding health and wellness benefits, promoting positive interactions, and leading an active lifestyle.

**Career and Life Management** helps you develop your ability to make well-informed decisions and choices that contribute to the well-being and respect of yourself and others.

**Physical Education (PE) 10**
- may be offered for 3, 4, or 5 credits
- develop attitudes, skills, and knowledge required to lead a healthy lifestyle
- gain an understanding of physical and mental wellness
- continue to enhance your wellness in optional PE 20 and PE 30 courses

**Career & Life Management (CALM)**
CALM is a 3-credit course that most students take in Grade 11; sometimes students will take it in Grade 10 or 12, depending on their personalized high school program.

There is **no prerequisite** course required and it may be taken online.

**In CALM, you**
- apply an understanding of the emotional, psychological, intellectual, social, spiritual, and physical dimensions of health
- learn responsible financial decision-making to reflect your values and goals and to demonstrate commitment to self and others
- apply strategies to manage your wellness and lifelong career development
Get Set | English Language Learning (ELL)

When your first language is different than English, you first learn English to talk to friends, buy things, or find your way around the city. This is everyday English, and it usually takes one to two years to learn.

Next, you learn academic English – reading, writing, understanding, and talking about complex ideas in English. This may take five or more years. Academic English learned in English as a Second Language (ESL) courses contributes to success in high school, post-secondary, and future employment.

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What to expect as an English Language Learner

Build a personalized course plan with the assistance of your high school to:

- determine your current and developing English language abilities in relation to the Alberta Education ESL Benchmarks
- learn how your English language abilities improve each year, based on ongoing language assessments
- register and succeed in courses based on your current and developing language strengths
- take ESL courses as needed to support your learning of academic English and earn credits for your Diploma or Certificate of High School Achievement
- assess credit for high school courses you completed outside of Alberta

The Alberta Education ESL Proficiency Benchmarks reflect the increase in academic language expectations as you transition to high school. It is important that you and your family prepare for language feedback that reflects this increased difficulty. Language assessment is based on current evidence in the high school context. Ongoing assessment will guide you and your teachers as you work together to further develop the academic language needed for your success in school.

The Staircase Effect of the Alberta ESL Proficiency Benchmarks

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<thead>
<tr>
<th>Grades</th>
<th>7 - 9</th>
<th>10 - 12</th>
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<tr>
<td>Grades</td>
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Note | As an English Language Learner, you may take more than three years to complete a High School Diploma or Certificate of High School Achievement.

The Admissions Office at Kingsland Centre registers new students who are NOT Canadian citizens.

Phone: 403-777-7373 (ext. 1)

Learn more | visit the Alberta ESL Proficiency Benchmarks: visit http://www.learnalberta.ca/content/eslapb/search/about.html
Go For It | Explore Complementary Courses and Programs of Choice

Your high school is the community where you:
- study your core subjects and most of your complementary courses
- participate in extra-curricular and volunteer activities
CBE high schools provide you with many opportunities to find and pursue your passions. Each high school offers a combination of unique programs and courses.

In this section, learn more about complementary courses, programs of choice, online learning, evening classes, summer school, international opportunities and scholarships. High schools work closely with each other to support you in accessing specialized opportunities and settings across the CBE.

Online learning, evening classes, upgrading, summer school opportunities, the Career and Technology Centre, and unique pathways are available to all high school students.

**Complementary courses and programs of choice include:**

**Unique Settings | 13**
- Alternative High School
- Jack James High School
- National Sport School
- High Performance Athlete Development Pathway

**Career and Technology Studies (CTS) and Knowledge and Employability (K&E) Occupational Courses | 14**

**Off-campus Education and Unique Opportunities | 15**

**Fine and Performing Arts | 16**
- Dance, Drama, Music, Visual Arts
- Arts-Centered Learning and Performing and Visual Arts programs

**Languages | 17**
- French Immersion Program
- Bilingual Programs and Courses | Spanish
- Many other Language and Culture Courses

**Complementary Courses and Additional Programs | 18, 19**
- Wellness | English Language Arts | Science | Learning Competencies | English Language Learning | Mathematics | Interdisciplinary Complementary Courses | Aboriginal Studies | Social Sciences

**Internationally Recognized Programs | 20**
- Advanced Placement (AP)
- International Baccalaureate (IB) in English or French Immersion

**CBe-learn | Chinook Learning Services | Summer School | 21**

You may use 10 credits from 30-level complementary courses to meet Diploma requirements.
Go For It | Explore Settings of Choice

As well as all complementary choices and opportunities for you in CTS, Off-campus Education, Fine Arts, Languages, and Internationally Recognized Programs, there are unique programs and settings of choice available to meet your unique goals and learning styles every day.

### Unique Settings

#### Alternative High School
- You may be considering a change in schools or moving to Calgary. You may thrive in a smaller, more informal and highly personalized setting such as the one offered at Alternative High School. Unique features of Alternative's programs include:
  - Flexible timetabling
  - Format that emphasizes student choice and responsibility
  - An inclusive, collaborative culture that celebrates and supports all
  - Accepts applications all year

Learn more | Visit the Alternative High School Website at school.cbe.ab.ca/school/alternative

#### Jack James High School
- A state of the art, personalized learning community with an emphasis on providing authentic, engaging, hands on, and practical opportunities for all learners
  - Students are supported and encouraged to achieve their very best academically and personally each and every day
  - Extensive support provided for students transitioning from high school to the workplace or post-secondary institutions
  - Learn more | Visit the Jack James High School website at school.cbe.ab.ca/school/jackjames

### Unique Settings for Athletes

#### National Sport School
- The program is based at WinSport
- For student athletes in Grades 9 to 12 who are training and competing at the competitive club, provincial or national team level
- The world-class facilities and access to onsite sport professionals create the ideal culture of excellence to support you to thrive in school and sport

Designed for the student who:
  - Requires flexibility to accommodate training, travel and competition demands
  - Aspires to complete Alberta High School Diploma Requirements in an efficient and flexible manner to meet post-secondary criteria
  - Desires to have opportunities to experience a blended program with online learning options or by accessing complementary courses at partnering High Schools

Learn more | visit the National Sport School website: cbe.ab.ca/NationalSportSchool

#### High Performance Athlete Development (HPAD) Pathway
- The pathway is based at Bowness High School
- For student athletes in Grades 10 to 12 who are want to participate in an elite performance program while pursuing their academic goals immersed in a healthy high school culture
- Students in the Pathway are engaged in activities and high performance sports that provide a theoretical, practical and experiential platform for learning
- Provides a multi-sport approach to athletic development that follows the Long Term Athlete Development protocol implemented by numerous sport bodies around the world

Designed for the student who:
  - is a developing or an elite level athlete
  - requires the flexibility in timetabling that the Pathway allows

Note | There is a supplemental fee attached to the Pathway.
Learn more | Visit the Unique Opportunities and Off-campus page on the CBE website: cbe.ab.ca/programs/program-options/exploring-career-choices/Pages/unique-opportunities-off-campus-education.aspx or visit the Bowness High School website: cbe.ab.ca/Bowness
Go For It | Explore Complementary Courses and Programs

Career and Technology Studies (CTS) and Knowledge and Employability (K&E) Occupational Courses

CTS and K&E Occupational courses build on the Career and Technologies Foundations (CTF) Programs of Study from Grades 5-9. CTS courses are offered at the introductory, intermediate, advanced and/or credentialed levels.

There are 5 clusters with industry similarities: Business, Administration, Finance and Information Technology (BIT), Health, Recreation & Human Services (HRH), Media Design & Communication Arts (MDC); Natural Resources (NAT); and Trades, Manufacturing & Transportation (TMT). Below each cluster are lists of occupational areas.

CTS credits may be earned through dual credit programming. See page 15 for more information.

Learn more | For detailed descriptions and locations offered by school visit: cbe.ab.ca/programs/high-school/Documents/Detailed-High-School-Course-Guide.pdf

The Career and Technology Centre (CTC), part of the Central Memorial High School campus, is open to all CBE high school students.

Learn more | Visit the CTC website at: schools.cbe.ab.ca/ct-centre

Jack James High School is open to all CBE high school students and offers a variety of CTS and K&E Occupational courses.

Learn more | Visit the Jack James High School website at: school.cbe.ab.ca/school/jackjames

If an occupational area is not available at your high school, it may be available at another high school nearby. Talk with your counsellor to explore how to access it.

K&E BIT
- Business Services
- Sales and Service
- Logistics
- Office Services

K&E HRH
- Cosmetology
- Esthetics
- Human Care
- Child Care
- Home Care

K&E MDC
- Art, Design & Communication
  - Art/Design
  - Art/Media Communication
- Fabrics
  - Fashion Textiles
  - Industrial Textiles

Note | Sports Medicine, and Sports Performance include course work from several HRH occupational pathways.
Go For It | Explore Complementary Courses and Programs

Off-campus Education

Off-campus Education is a hands-on way of learning that brings together classroom learning with recognized on-the-job work experiences. These opportunities are available to all CBE high school students. You gain practical experience as you apply and expand your knowledge, skills, and attitudes. If you are interested in Off-campus Education, talk to your counsellor at your home school. Your school has an Off-campus Coordinator, a teacher who informs students about opportunities, and who supervises and assesses your learning outside of your home schools.

Off-campus Education includes:

- Work Experience 15, 25, 35
- Registered Apprenticeship Program (RAP)
- Green Certificate
- Career Internship 10
- Knowledge & Employability: Workplace Readiness 10-4 and Practicum 20-4, 30-4

Important | See your Off-campus Coordinator or counsellor to complete HCS 3000, Workplace Safety Systems that is required BEFORE you can begin accumulating hours of supervised work experience.

Unique Opportunities

The CBE partners with post-secondary institutions to offer a wide-range of dual credit programs. Dual credit opportunities are offered in all CTS clusters. We also work with businesses and organizations to offer exploratory programs and internships for students.

<table>
<thead>
<tr>
<th>Exploratory Programs</th>
<th>Dual Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore career pathways through authentic and applied industry learning. Areas may include:</td>
<td></td>
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<tr>
<td>Ironworkers</td>
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<tr>
<td>Pipe Trades (Local 496)</td>
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<tr>
<td>Exploring Metal Trades (SAIT)</td>
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<tr>
<td>Recreational Leadership (City of Calgary)</td>
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<tr>
<td>Boilermakers</td>
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<tr>
<td>Insulators</td>
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<tr>
<td>Pursue an area of interest at a post-secondary level while earning both high school and post-secondary credit. Areas may include:</td>
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<tr>
<td>Pre-employment electrician (SAIT)</td>
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<tr>
<td>Health Care Careers Essentials (Bow Valley College)</td>
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<tr>
<td>Math (University of Calgary)</td>
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<tr>
<td>Communication and Design Fundamentals (AUArts)</td>
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<tr>
<td>Veterinary Technical Assistant (Olds College)</td>
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<tr>
<td>Engineering Design and Geospatial Technologies (SAIT)</td>
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<tr>
<td>Criminal Justice Studies (Bow Valley College)</td>
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<tr>
<td>Psychology (University of Calgary)</td>
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<tr>
<td>Pharmacy Assistant (SAIT)</td>
<td></td>
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<tr>
<td>Software Development (BVC)</td>
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<tr>
<td>Medical Administration (BVC)</td>
<td></td>
</tr>
<tr>
<td>Management 2000 -Online (SAIT)</td>
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</tbody>
</table>

15 credits from Work Experience may be used for credits required for a High School Diploma.
5 credits from a 30-level Work Experience course or Green Certificate course may be used for a Certificate of High School Achievement.

Important | Unique Opportunities are are continually added throughout the year.
Learn more | Visit cbe.ab.ca/programs/program-options/exploring-career-choices/Pages/unique-opportunities-off-campus-education.aspx for opportunities currently available, application details, or to sign up for notifications.
Go For It | Explore Complementary Courses and Programs

Fine and Performing Arts

The fine and performing arts are for everyone, to explore, develop or specialize in artistic endeavours. Participation in the arts enhances your creativity, critical thinking, and problem-solving abilities.

### Visual Arts
- Art 10, 20, 30
- Ceramics: Advanced Techniques 15, 25, 35
- Drawing: Advanced Techniques 15, 25, 35
- Painting: Advanced Techniques 15, 25, 35
- Sculpting: Advanced Techniques 15, 25, 35

### Dance
- Dance 15, 25, 35
- Ballet 15, 25, 35
- Contemporary Dance 25, 35
- Jazz Dance 25, 35
- Dance Composition 35

### Drama
- Drama 10, 20, 30
- Advanced Acting and Directing 15, 25, 35
- Musical Theatre 15, 25, 35
- Technical Theatre 15, 25, 35
- Creative Writing & Publishing 15, 25, 35
- Film Studies 15, 25, 35

### Music
- Instrumental Music 10, 20, 30
- Band 15, 25, 35
- Chamber Ensemble 15, 25, 35 (Instrumental)
- Instrumental Jazz 15, 25, 35
- General Music 10, 20, 30
- Choral Music 10, 20, 30
- Chamber Ensemble 15, 25, 35 (Vocal)
- Choir 15, 25, 35
- Vocal Jazz 15, 25, 35

### Media, Design & Communication Arts (MDC)
- Communication Technology
- Design Studies
- Fashion Studies
- Leadership
- Mentors

### Dual Credit & Work Experience
- ACAD Dual Credit
- Exploratory programs
- Work Experience CTS

### Fine and Performing Arts Certificate
- Leadership in the Arts 35 OR Junior Achievement Entrepreneurial Artist opportunity

### Arts-Centred Learning (ACL) Program
You learn academic subjects through the arts as well as taking complementary fine and performing arts courses. ACL is available at:

- James Fowler High School in the North
  visit the website: [cbe.ab.ca/JamesFowler](http://cbe.ab.ca/JamesFowler)
- Lord Beaverbrook High School in the South
  visit the website: [cbe.ab.ca/LordBeaverbrook](http://cbe.ab.ca/LordBeaverbrook)

### The Performing and Visual Arts (PVA) Program
If you are considering a career in the arts, PVA:

- is offered at Central Memorial High School
- provides enriched daily learning experiences in one of the arts
- includes the business side of the arts in Leadership in the Arts 35 (mandatory course)

For an application and more information, visit the Central Memorial High School website: [cbe.ab.ca/CentralMemorial](http://cbe.ab.ca/CentralMemorial)
Go For It | Explore Complementary Courses and Programs of Choice

Languages

Learning a language empowers you to think, act, and speak in diverse cultural settings and to move from one cultural setting to another with confidence. The CBE offers the widest range of language programs and courses in Calgary. Immersion, bilingual, and language and culture courses provide language learning for all ranges of experience.

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**Immersion: French Language Arts (FLA)**

If you have been in French Immersion or you have French as one of your first languages:

- continue to expand your communication skills by studying French Language Arts, Math, and Social in French (diploma exams are available in French in these subject areas; not in the Sciences)

**Note** | French Language Arts does NOT replace the English Language Arts (ELA) Diploma requirement

**The French Immersion Program is offered at:**
- William Aberhart
- Lester B. Pearson
- Western Canada
- Dr. E.P. Scarlett

As a French Immersion student, you may earn a CBE Certificate of Achievement in French Immersion

- 45 credits from courses taught in French
- 15 credits must come from French Language Arts courses
- gain the remaining 30 credits by taking Math and Social in French. These courses follow the Alberta Program of Studies and are taught in French

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**Bilingual Programs & Courses**

**Spanish Bilingual Program**

If you have been in the Spanish Bilingual Program or if you have Spanish as one of your first languages:

- continue to expand your communication skills by taking high school courses in Spanish
- develop strong knowledge and understanding of language and culture that will enhance travel experiences and career potential

**Note** | Spanish Language Arts (SLA) does NOT replace the English Language Arts (ELA) Diploma requirement

**The Spanish Bilingual Program is offered at:**
- William Aberhart in the North
- Dr. E.P. Scarlett in the South

To complete the Spanish Bilingual Program

- Minimum 25 credits in total are from courses taught in Spanish
- 15 credits are earned by completing all 3 levels of Spanish Language Arts
- 10 credits are earned from Math 10C and/or complementary courses in Spanish

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**Learn Another Language**

**French as a Second Language Courses**

- provide the opportunity to learn another language if you have not been in an immersion or bilingual program
- are offered at different levels:
  - 3Y language instruction starts in Grade 10
  - 6Y language instruction started in Grade 7
  - 9Y language instruction started in Grade 4

**Language & Culture Courses include:**

- American Sign Language and Deaf Culture
- Chinese Language and Culture
- German Language and Culture
- Italian Language and Culture
- Punjabi Language and Culture
- Spanish Language and Culture

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**Important** | Students may earn any number of credits in the study of second languages, but only a maximum of 25 language credits may be used to meet the 100-credit requirement for a Diploma.

If you study a language in high school, you may choose to earn a CBE International Certificate.


**Note** | Use “Find a School” on the CBE website to locate French Immersion or Spanish Bilingual schools: cbe.ab.ca/schools/find-a-school/Pages/default.aspx

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### Go For It | Explore Complementary Courses and Additional Programs

**Wellness** | **English Language Arts** | **Science** | **Learning Competencies** | **English Language Learning** | **Mathematics** | **Interdisciplinary Complementary Courses** | **Aboriginal Studies**

Explore an interest, develop a talent, and enhance your learning.

**Note** | The courses below do **NOT** replace the required English, Math, or Science courses required for a Diploma or Certificate of High School Achievement.

#### Wellness
Do you want to explore personal wellness and the personal impact of positive wellness choices? Wellness complementary courses provide opportunities to build your knowledge of and exposure to numerous wellness activities, assisting you in the development of positive mental and physical health.

- **Physical Education 20, 30**
- **Yoga 15, 25, 35**

#### English Language Arts
Do you enjoy reading and writing? English Language Arts complementary courses provide you with the opportunity to develop your talents and explore your interests in greater depth.

- **Creative Writing and Publishing 15, 25, 35**
- **Journalism 15, 25, 35**
- **Reading 15, 25**

#### Science
Is there an area of science that intrigues you? Science complementary courses give you the time and space to explore a scientific topic extensively.

- **Astronomy 15**
- **Synthetic Biology 15**
- **Forensic Science Studies 25, 35**
- **Geology 25, 35**

#### Learning Competencies

**Expanded Core Curriculum for Students With Visual Impairments 15, 25, 35**
- extend skills with assistive technologies and visual efficiencies to enhance your academic, personal, and professional success

**Learning Strategies 15, 25, 35**
- enhance your understanding of your learning strengths and areas for growth
- learn and select a variety of personal learning strategies that are effective in a variety of academic contexts

**Social Literacy 25, 35**
- develop effective social skills for personal, professional and community success

#### English Language Learning
Do you require additional support to develop academic English language proficiency? English Language Learning courses provide an opportunity for you to build your English comprehension and communication skills in preparation for academic courses.

- **Academic Achievement through English Language Development 15, 25, 35**
- **ESL English for Academic Success 35**
- **ESL Expository English 15, 25**
- **ESL Introduction to Canadian Studies 15, 25**
- **ESL Introduction to Mathematics 15**
- **ESL Introduction to Science 15, 25**
- **ESL Levels 1-5**

#### Mathematics
Do math concepts seem to come so fast that you don't get a chance to think them through? Have you ever experienced the pleasure of solving a difficult math problem? Competencies in Math provides an opportunity for you to explore a deeper understanding of mathematical concepts through supported problem-solving and exploration.

- **Competencies in Math 15**

#### Interdisciplinary Complementary Courses
Do you want to connect the dots between your learning? Interdisciplinary complementary courses let you connect learning between many different disciplines.

- **Design Thinking for Innovation 15, 25, 35**
  Learn the skills and processes of human-centred design to propose and test innovative solutions to society's most pressing problems.

#### Aboriginal Studies
Do you want to build your understandings of the rich and long-lasting history, culture and contributions of Aboriginal peoples as part of our society? Aboriginal Studies courses provide opportunities to build your awareness, appreciation and understanding of Aboriginal worldviews and experiences.

- **Aboriginal Studies 10, 20, 30**

**Note** | Some courses may be 3, 4 or 5 credits.
Go For It | Explore Complementary Courses and Programs

Social Sciences Complementary Courses
Social Sciences complementary courses allow you to explore relationships among individuals in various societies on a deeper level.

**Geography**
- Local & Canadian Geography 20
- World Geography 30

**History**
- Western Canadian History 20
- Canadian History 20
- Western World History 30

**Intercultural Studies** 35

**Military Studies** 15, 25

**Economics**
- Economics for Consumers 20
- Microeconomics 30
- Macroeconomics 30

**Philosophy**
- Origins of Western Philosophy 20
- Contemporary Western Philosophy 20
- Philosophies of Man 30

**Anthropology**
- Cultural & Physical Anthropology 30

**Political Science**
- Political Thinking 20
- Comparative Government 20
- International Politics 30

**Psychology**
- General Psychology 20
- Personal Psychology 20
- Experimental Psychology 30
- Abnormal Psychology 35

**Religious Studies**
- Religious Ethics 20
- Religious Meanings 20
- World Religions 30

**Social Sciences**

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**Important | Complementary courses in the Social Sciences do NOT replace the required Social Studies courses for a Diploma or Certificate of High School Achievement.**

Social Science complementary courses with an international focus may be used to meet part of the requirements for a CBE International Certificate.


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Go For It | Explore Complementary Courses and Programs

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- Local & Canadian Geography 20
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- Western Canadian History 20
- Canadian History 20
- Western World History 30

**Intercultural Studies** 35

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- World Religions 30

**Social Sciences**

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Advanced Placement (AP) Program

- explore your unique passions in one or more subjects, including academics, fine arts, languages, or computer science
- study one or more courses at a university level in a supportive high school environment
- continue to develop analytical and critical thinking skills
- prepares you with knowledge, skills, and strategies to demonstrate your learning on the AP Examination(s) in May

AP Programs and courses are offered in each of the seven CBE administrative Areas.

International Baccalaureate (IB) Programme

- develops “internationally minded people, who recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world” (IB Mission)
- connects learning from various subjects through inquiry
- engages you in creative and service-oriented activities
- prepares you with knowledge, skills, and strategies to demonstrate your learning on the IB Examinations in May

Students registering in the IB Programme in English attend their designated IB school based on the CBE Administrative Areas in which they reside. Students in Areas 3 and 6 please consult “Find a School” or the nearest high school on the following chart.

Learn more about AP | Visit: cbe.ab.ca/programs/program-options/internationally-recognized-programs/Advanced-Placement-(AP).aspx

More details about AP | AP Central: apcentral.collegeboard.com/home

Learn more about IB | Visit: cbe.ab.ca/programs/program-options/internationally-recognized-programs/International-Baccalaureate-Programme-(IB).aspx

More details about IB | The International Baccalaureate Organization (IBO): www.ibo.org/
Go For It | CBe-learn | Chinook Learning Services | Summer School

Learning doesn’t just happen between 8:30 a.m. - 4 p.m., Monday to Friday in our high schools. After-hours instruction, alternative scheduling, learning from a distance, online learning and/or evening classes may be just right for your schedule. Course enrollment occurs throughout the year.

Online Learning and Upgrading

CBe-learn
- Offers classes from Grades 6 to 12
- Provides a full range of online high school academic and option courses
- Supports students enrolled in other schools as well as students enrolled entirely at CBe-learn
- Provides a flexible online learning environment for students upgrading or students travelling abroad or with unique schedules

Learn more | Visit: http://school.cbe.ab.ca/school/cbe-learn/Pages/default.aspx

Evening Classes

Career and Technology Centre (CTC)
- Provides some Career and Technology courses in the evening

Learn more | Visit: http://school.cbe.ab.ca/school/ctc/Pages/default.aspx

Summer School for High School Students

Students attend summer school for various reasons:
- Upgrading
- Flexible scheduling
- Credit completion

In summer school, you can:
- Complete a high school course in July
- Choose from a variety of subjects at the 10, 20, or 30 level

Daytime and Evening Classes

Chinook Learning Services
Operates as a school within three CBE high schools for students completing high school credits or upgrading individual courses.
- Offers academic classes for Grades 10 to 12
- Provides flexible schedules two times a week with morning, afternoon and evening sessions
- Evening classes are available for students over 20 years of age.

<table>
<thead>
<tr>
<th>Campus</th>
<th>Daytime</th>
<th>Evening</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chinook Learning @ James Fowler High School</td>
<td>High School Courses</td>
<td>Adult Upgrading</td>
</tr>
<tr>
<td>Chinook Learning @ Lord Beaverbrook High School</td>
<td>High School Courses</td>
<td>Adult Upgrading</td>
</tr>
<tr>
<td>Chinook Learning @ Lord Shaughnessey Centre</td>
<td>High School Courses</td>
<td>Not available</td>
</tr>
</tbody>
</table>

Learn more | Visit: chinooklearningservices.com

Summer School is available at:

Chinook Learning Services
- Offers academic, in-class instruction for Grades 10 - 12 in the mornings at CBE locations for your convenience

CBe-learn offers online, academic Grade 10 and 11 courses

Note | Diploma courses are NOT available in the summer at CBe-learn.

Career and Technology Centre (CTC)

Note | For summer school students, provincial diploma exams occur during the first two weeks of August.
Schedules may be changed by Alberta Education at any time.
For up-to-date information related to Diploma Exam dates, please check the Alberta Education Diploma General Information Bulletin at: https://www.alberta.ca/writing-diploma-exams.aspx
Scholarships and Awards

Every CBE high school offers specific awards to their students to recognize outstanding achievements, accomplishments, and contributions. There are awards for academics, complementary subjects, athletics, citizenship, and leadership.

As well as awards offered by individual schools, many scholarships are offered at system, provincial, and national levels. At your high school, counsellors and career practitioners are available to support you in finding out more about the scholarships, bursaries, and awards.

CBE Scholarships

At a system level, EducationMatters funds a variety of awards, scholarships, and bursaries for CBE students.

Learn more | Visit: educationmatters.ca

Provincial Scholarships

The provincial Alexander Rutherford Scholarships allow any Alberta student to earn up to $2,500 towards post-secondary studies based on a 75% or higher average of particular high school marks in Grades 10, 11, and 12.


Learn more | Visit: http://www.scholarshipscanada.com/Index.aspx

International Opportunities

CBE high school students are encouraged to be global learners. Our International Certificate is available to all CBE high school students. This unique opportunity and international exchanges empower you to move confidently from one cultural setting to another.

CBE International Certificate

The International Certificate recognizes and values significant contributions, work, and experiences of an international nature that you accomplish throughout high school. You may enrol in the International Certificate at any time during the school year.


Student Exchanges

Are you interested in learning from travel? Explore opportunities to travel in Canada and internationally.

Learn more | Visit: cbe.ab.ca/programs/high-school/Pages/international-opportunities.aspx
Discovering Choices
- complete your high school Diploma or Certificate of Achievement in a highly flexible and supportive environment at one of our four locations:
  - Start (Bowness) Outreach
  - Marlborough (Mall) Outreach
  - Calgary Achievement Centre for Youth (CACY)
  - Westbrook (Mall) Outreach
- access personalized services (including counselling, conflict resolution, time management, and learning strategies)

Learn more | Visit the Discovering Choices website: cbe.ab.ca/DiscoveringChoices

Louise Dean School
- is a school for pregnant and parenting teens offering courses from Grades 9 to 12
- complete your Diploma or Certificate of Achievement
- offers a partner service for counselling, financial assistance, childcare and lifestyle supports
- provides ongoing intake, flexible scheduling, and personalized learning classrooms
- operates with a September to June traditional program along with a six-week summer school component

Learn more | Visit the Louise Dean School website: cbe.ab.ca/LouiseDean

Alternative High School
Do you thrive in a highly personalized setting? Alternative High School offers this and:
- small classes
- flexible timetabling
- mentorship and support
- emphasis on student choice and responsibility
- an inclusive, collaborative culture that celebrates and supports all
- applications are accepted throughout the school year

Learn more | Visit the Alternative High School website: cbe.ab.ca/Alternative

Encore CBE
If you are thinking about returning to high school and have questions, Encore CBE can help you explore options, so you can finish school your way – it’s never too late.

Learn more | Visit the Encore CBE website: encorecbe.ca
Go For It | We Are Here to Help

We are here to help
High school is a time to discover new interests and future career aspirations. Student services or counsellors are available to help you plan for:
- high school course selection
- an apprenticeship experience
- unique pathway opportunities
- post-secondary education
- current job search
- career exploration
- volunteer experiences
- wellness

Visit student services regularly and often in each grade to:
Get ready for high school
Get set for success
Go for your goals

Your school has access to tools and resources that allow you to match your high school program to post-secondary learning and career planning.

No matter what tools you use for high school, post-secondary, and career planning:
- make a plan
- revisit and review your plan
- change the plan as necessary

Find out more about high school
Visit the high school page on the CBE website for our detailed course guide and links to the latest information about programs:
cbe.ab.ca/programs/high-school/Pages/default.aspx

Get the latest updates on Unique Opportunities
- Off-campus Education, Dual Credit, and Internships are added throughout the school year.
- Sign up to be notified of updates on our Unique and Off-campus Opportunities page:
cbe.ab.ca/programs/program-options/exploring-career-choices/Pages/off-campus-education.aspx
CBE High Schools and Learning Centres

1. Alternative High School
2. Bowness High School
3. CBe-learn
4. Centennial High School
5. Central Memorial High School
6. Career and Technology Centre
7. Chinook Learning Services
8. Crescent Heights High School
9. Discovering Choices School (4 campuses)
   - 9-1: Bowness Start Outreach
   - 9-2: Downtown Calgary Achievement Centre for Youth (CACY)
   - 9-3: Marlborough Outreach
   - 9-4: Westbrook Outreach
10. Dr. E. P. Scarlett High School
11. Encore CBE
12. Ernest Manning High School
13. Forest Lawn High School
14. Henry Wise Wood High School
15. Jack James High School
16. James Fowler High School
17. Joane Cardinal-Schubert High School
18. John G. Diefenbaker High School
19. Lester B. Pearson High School
20. Louise Dean School
21. National Sport School
22. Nelson Mandela High School
23. Queen Elizabeth High School
24. Robert Thirsk High School
25. Sir Winston Churchill High School
26. Western Canada High School
27. William Aberhart High School

◆ Offers programming across the CBE
● A starting point for students returning to complete high school

Contact your home high school for information about unique and specialized settings that have a placement process.

Use “Find a School” on our CBE website to learn the location of your designated high school or to learn the location of a program of choice for you: cbe.ab.ca/schools/find-a-school/Pages/default.aspx
We are all committed to your success.

As you learn more about yourself and your choices in high school, your school will support you along the way.

Contact your school for information and guidance.