



Independent/Adult Student

Wednesday, April 1, 2026

RE: Opt-In | Human Sexuality | Career and Life Management (CALM)

Dear Student:

In accordance with Section 58.11 of the [Education Act](#), Alberta schools must now obtain written consent prior to providing instructions or materials that deal primarily and explicitly with human sexuality, gender identity or sexual orientation. Students are unable to participate in this portion of the curriculum unless consent is explicitly granted.

As part of the Alberta Education's requirements for High School completion, students are required to take the [Career and Life Management \(CALM\)](#) course and will learn about human sexuality topics related to the curricular outcome **Personal Choices**.

The program of study for CALM states, **human sexuality outcomes as, "Examine the relationship between commitment and intimacy in all its levels; and examine aspects of healthy sexuality and responsible sexual behaviour"**. The aim of the CALM curriculum is to help students make well informed, healthy choices and build skills that will support the well-being of self, others and the community.

Your class will start learning about this topic on or after **June 25, 2026**. Please refer to the table at the end of this letter for a detailed outline of the learning outcomes addressed in this unit. You may choose to opt-in to all or selected outcomes. In order to be placed in the correct class, your consent is required by **Friday, May 1, 2026**.

Options:

1. **Opt-In Full Consent** – You will participate in all Human Sexuality lessons.
2. **Opt-In Partial Consent** – You will only participate in the Human Sexuality lessons which relate to the learning outcomes you agree to. The teacher will provide alternative learning tasks and assessments
3. **Non-Participation** – You will not receive these lessons and will be provided with alternative learning tasks.

Please note partially opting in or non-participation in these Human Sexuality lessons will not affect your grade or CALM credits as the teacher will provide alternative learning tasks and assessments.

Sincerely,

Steven Klukas, Principal, CBe-learn
t | 403-777-7971



Opt-In for Human Sexuality in Career and Life Management (CALM)

Please complete, sign and return this form.

I have received notification that the high school Career and Life Management (CALM) course that includes subject matter that deals primarily and explicitly with human sexuality.

As an independent/adult student, I consent to participating in the Human Sexuality component of the CALM Program of Studies as follows.

Please select one:

- Yes, I will fully** participate in the Human Sexuality component of the CALM Program of Studies.
- Yes, I will partially** participate in the Human Sexuality component of the CALM Program of Studies (please check the learning outcomes you will participate in):

Learning Outcomes	I will participate	I will not participate
P11. Personal Choices: <i>Examine the relationship between commitment and intimacy in all its levels</i>	<input type="checkbox"/>	<input type="checkbox"/>
P12. Personal Choices: <i>Examine aspects of healthy sexuality and responsible sexual behaviour</i>	<input type="checkbox"/>	<input type="checkbox"/>

- NO, I will not** participate in the Human Sexuality lessons of CALM rather. I wish to be provided an alternate learning task.

I confirm that it is my obligation to ensure that this form is returned to Student Services at my home school, on or before **Friday, May 1, 2026**, as indicated in the notice.

*Note if the CALM course is offered during the summer, the consent form must be completed during summer school registration at your home high school.

Print Name of Independent / Adult Student

Signature of Independent / Adult Student

Date of Signature (YYYY-MM-DD)

Protection of Privacy Act (POPA)

All personal information requested herein is collected by The Calgary Board of Education to fulfill the purpose set out above, is done so pursuant to section 4(c) of Alberta's *Protection of Privacy Act (POPA)* and is used under the authority of section 12(1)(a) of POPA.