



Parent/Legal Guardian

Wednesday, April 1, 2026

RE: Opt-In | Human Sexuality | Career and Life Management (CALM)

Dear Parent/Guardian:

In accordance with Section 58.11 of the [Education Act](#), Alberta schools must now obtain written consent of parents prior to providing instructions or materials that deal primarily and explicitly with human sexuality, gender identity or sexual orientation. Students are unable to participate in this portion of the curriculum unless consent is explicitly granted.

As part of the Alberta Education's requirements for High School completion, students are required to take the [Career and Life Management \(CALM\)](#) course and will learn about human sexuality topics related to the curricular outcome **Personal Choices**.

The program of study for CALM states, **human sexuality outcomes as, "Examine the relationship between commitment and intimacy in all its levels; and examine aspects of healthy sexuality and responsible sexual behaviour"**. The aim of the CALM curriculum is to help students make well informed, healthy choices and build skills that will support the well-being of self, others and the community.

Your student's class will start learning about this topic on or after **June 25, 2026**. Please refer to the table at the end of this letter for a detailed outline of the learning outcomes addressed in this unit. Parents/Guardians may choose to opt-in to all or selected outcomes. Your consent is required by **Friday, May 1, 2026**. Please have your child return the completed form to their student services team at their home school, or where you received this form.

Parent/Guardian Options:

1. **Opt-In Full Consent** – Your student will participate in all Human Sexuality lessons.
2. **Opt-In Partial Consent** – Your student will only participate in the Human Sexuality lessons which relate to the learning outcomes you agree to. The teacher will provide alternative learning tasks and assessments
3. **Non-Participation** – Your student will not receive these lessons and will be provided with alternative learning tasks.

Please note partially opting in or non-participation in these Human Sexuality lessons will not affect a students' grade or CALM credits as the teacher will provide alternative learning tasks and assessments.

Sincerely,

Steven Klukas, Principal, CBe-learn
t | 403-777-7971



Opt-In for Human Sexuality in Career and Life Management (CALM)

Please complete, sign and return this form.

I have received notification that my student is in the high school Career and Life Management (CALM) course that includes subject matter that deals primarily and explicitly with human sexuality.

As the parent / guardian, I give permission for my student to participate in the Human Sexuality component of the CALM Program of Studies as follows.

Please select one:

- Yes, I give permission** for my student to **fully** participate in the Human Sexuality component of the CALM Program of Studies.
- Yes, I give permission** for my student to **partially** participate in the Human Sexuality component of the CALM Program of Studies (please check the learning outcomes you wish your student to participate in which are listed below).

Learning Outcomes	Yes, I consent	No, I do not consent
P11. Personal Choices: <i>Examine the relationship between commitment and intimacy in all its levels</i>	<input type="checkbox"/>	<input type="checkbox"/>
P12. Personal Choices: <i>Examine aspects of healthy sexuality and responsible sexual behaviour</i>	<input type="checkbox"/>	<input type="checkbox"/>

- NO, I do not give permission** for my student to participate in the Human Sexuality lessons of CALM. Please provide the alternative learning tasks for them to complete.

I confirm that I am the legal guardian of the student named below and have chosen to exercise my right to either provide opt-in consent or exempt my student from the Human Sexuality component in the CALM course described in the parent/guardian notice attached. I also confirm that it is my obligation to ensure that this form is returned to Student Services at your home school on or before **Friday, May 1, 2026**, as indicated in the notice.

*Note if the CALM course is offered during the summer, the consent form must be completed during summer school registration at their home high school.

Print Name of Student

Print Name of Parent / Legal Guardian

Signature of Parent / Legal Guardian

Date of Signature (YYYY-MM-DD)

Protection of Privacy Act (POPA)

All personal information requested herein is collected by The Calgary Board of Education to fulfill the purpose set out above, is done so pursuant to section 4(c) of Alberta's *Protection of Privacy Act (POPA)* and is used under the authority of section 12(1)(a) of POPA.